

4TH ANNUAL

**New This Year-** Cash Prizes for Top 3 Male and Female Winners!!

# FIRECRACKER 5K

Proceeds to Benefit New Larter Field Playground

**JULY 4, 2005 • 5k at 8:30am/walk at 8:00am • Dunstable, MA**

**Date/Time:** July 4, 2005, 5k at 8:30am/walk at 8:00am

**Distance:** 5-Kilometers (3.1 miles)/2 mile trail walk Open to all

**Entry:** Pre \$15, Post \$18. \$12 for walkers.

Make checks payable to:

D.R.R.C, P.O. Box 328 Dunstable, MA 01827

Race day registration starts at 7:15am

**T-Shirts:** to first 200 entrants.

**After Race Party:** Join us for post race activities at Larter Field after the race.

**For More Information:** for updates on the event and additional information go to: [www.coolrunning.com](http://www.coolrunning.com) or send us an email at:

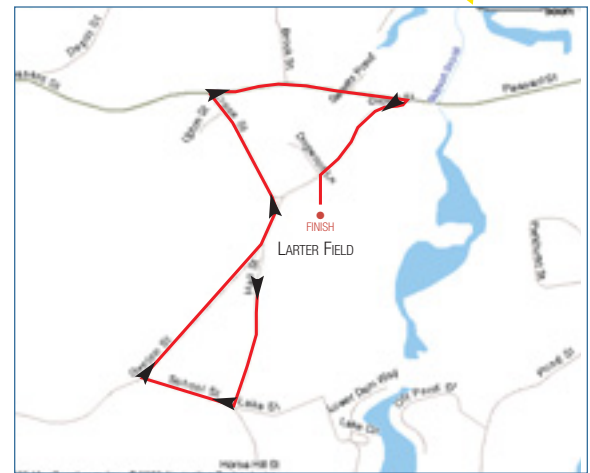
firecracker5k2005@yahoo.com

register online @ [www.coolrunning.com/major/04/dunstablefirecracker](http://www.coolrunning.com/major/04/dunstablefirecracker)

**Age groups:** Male and Female winners in the following age groups: 19 & under, 20-29, 30-39, 40-49, 50- 60, and 60 & over.

**Directions:** Rte 3 to exit 35. follow 113 west.

Take left before General store on left. Larter field is 1/4 mile on left.



**Course:** This is a flat course through rural Dunstable starting at Larter Field. Please check with [www.coolrunning.com](http://www.coolrunning.com) for the route. A walking map will be given out on the day of the race.

Hosted and Sponsored By:



DS Graphics



[www.yankeetiming.com](http://www.yankeetiming.com)

Please print neatly and fill out completely (applications without age and sex will not be eligible for age group awards)

First Name										Last Name											
Address																					
City/Town										State		Zip Code				Age		Sex m/f			
Make checks payable to: D.R.R.C										Email Address										<input type="checkbox"/> Walker	
Mail to: D.R.R.C, P.O. Box 328 Dunstable, MA 01827										Phone number										<input type="checkbox"/> Runner	
T-Shirt Sizes: XL <input type="checkbox"/> L <input type="checkbox"/> M <input type="checkbox"/> S <input type="checkbox"/>																					

I know that running is a potentially hazardous activity. I should not engage in it unless I am adequately able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in the event including but not limited to falls, contact with other participants, the effects of the weather including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I am hereby releasing, defending, holding harmless and accepting full responsibility for myself and anyone or thing injured or damaged in any way, whether or not caused by my negligence or the negligence of the person named as the runner.

✓ Signature REQUIRED (parent or guardian if under 18 years)

